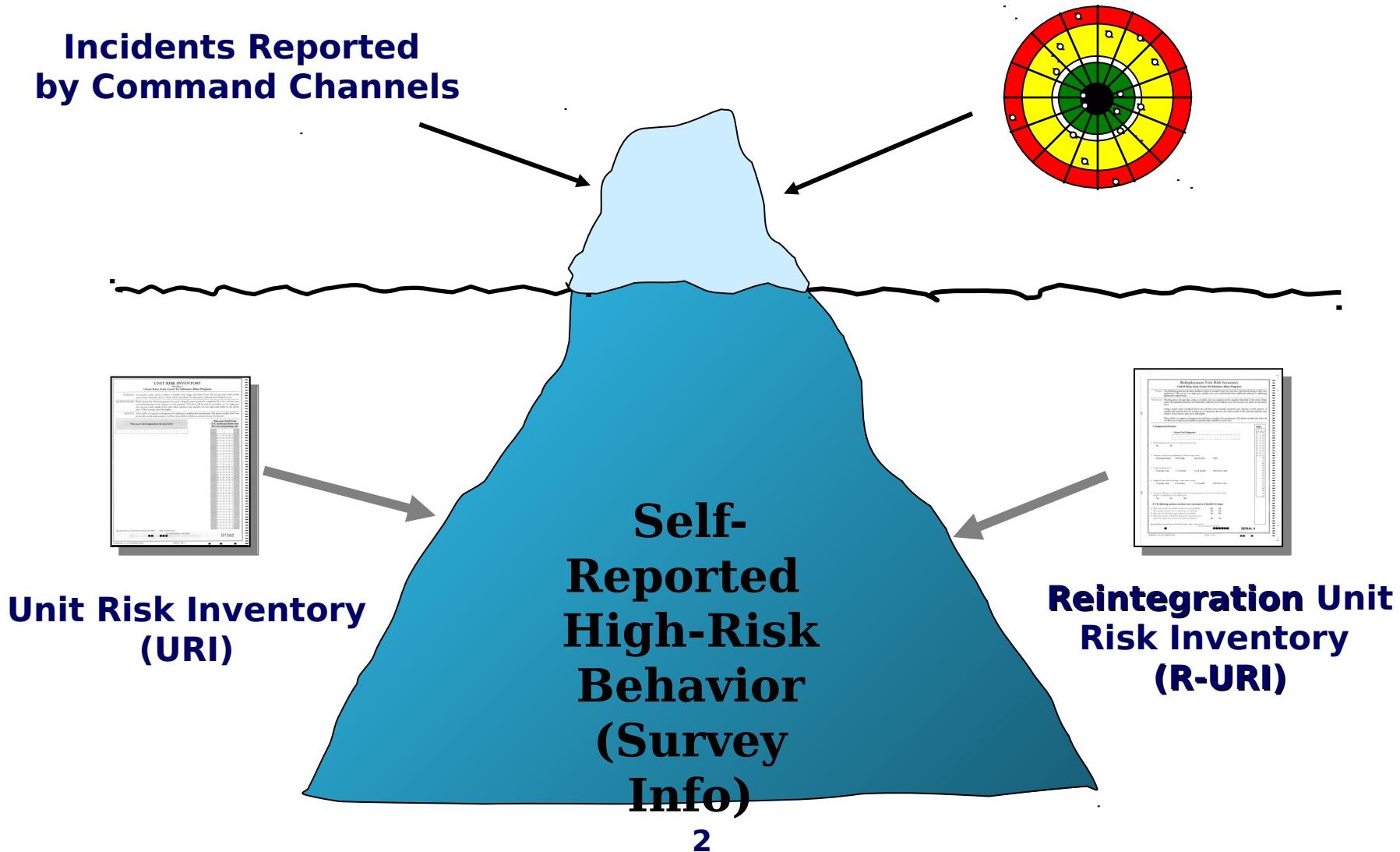


UNIT RISK INVENTORIE



SELF REPORT SURVEY INFORMATION

THE COMPLETE RISK PICTURE



INTRODUCTION TO THE URI

- Screens for high-risk behaviors and attitudes that compromise unit readiness
- Asks about alcohol and drug abuse, personal and unit relationships, domestic violence, suicide, crime, perception of the Army environment, and financial problems
- URI results provide a picture of a unit's self reported high-risk behaviors

The image shows two pages of the UNIT RISK INVENTORY (URI) from the United States Army Center for Substance Abuse Programs.

PAGE ONE: Questions 1 through 10. The first question asks how often the user has consumed alcohol in the past 12 months. Response options range from "Never" to "4 or more times a week". Subsequent questions ask about various behaviors and attitudes, such as driving under the influence, drug use, and financial stress, with similar response scales.

PAGE TWO: Questions 11 through 17. These questions continue the assessment of high-risk behaviors and attitudes. The last question on page two asks if the user would like to receive treatment, with "Yes" and "No" options.

Both pages include a "Write your Unit Designation in the space below" field and a "UNIT ID Card" section where users can enter their unit ID and rank.

UNIT RISK INVENTORY (URI)

- 53 item questionnaire
- Assesses unit propensity for risk in the following areas:

- Alcohol/Drug use
- Command Factors
- Stress Levels
- Self Perceptions
- Relationships
- Safe sex practices
- Child/spouse abuse
- Violence/Crimes
- Suicide
- Financial Problems



UNIT RISK INVENTORY (URI)

- Army Approved Command Climate Survey
- Designed for use at the Company level
- Screens for high-risk behaviors and attitudes that compromise unit readiness
- Only takes 30 minutes to complete Survey
- No cost to Installation or Units



SAMPLE URI QUESTIONS

Question 1
How often do you have a drink containing alcohol?

PART ONE: The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol?
If you marked "Never", continue with Question #11. Others

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

3. How often do you have six or more drinks on one occasion?

4. How often during the last year have you found that you were not able to stop drinking once you had started?

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

9. Have you or someone else been injured as a result of your drinking?

10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

PART TWO: Please answer the following questions as they relate to the past 12 months.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?

13. Do your unit leaders treat driving while intoxicated as a serious offense?

14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol or other drugs?

15. Within the past 12 months, have you committed an illegal act while drinking?

16. Within the past 12 months, have you used illegal drugs?

17. Do you work well with others in your unit?

18. Do you find it hard to make friends in your unit?

19. Do you trust your chain of command enough to talk with them about a personal problem?

20. Within the past 12 months, have you physically threatened anyone at your work site?

21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation?

22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)?

23. Within the past 12 months, have you been absent from work without permission?

24. Within the past 12 months, have you gone AWOL?

25. Do you often feel angry and frustrated?

26. Do you often feel lonely?

27. How often are there people available that you can turn to for support in bad moments or illness?

28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended?

29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)?

30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)?

31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)?

32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)?

33. Within the past 12 months, have you had any suicidal thoughts?

34. If yes, did you make a plan?

Never Monthly or less 2 to 4 times a month 2 to 3 times a week 4 or more times a week

Yes No

Always Sometimes Hardly ever Never

Mostly satisfied Satisfied Neutral Dissatisfied Mostly dissatisfied

No

Yes No

Yes No

Yes No

PLEASE CONTINUE ON THE NEXT PAGE

Question 20
Within the past 12 months, have you physically threatened anyone at your work site?

Question 31
Within the past 12 months, have you been in financial trouble?

Question 12
Within the past 12 months, have you driven under the influence of alcohol or other drugs?

Question 33
Within the past 12 months, have you had any suicidal thoughts?

URI SUMMARY OF RESULTS REPORT

Audit results for unit

Unit risk profile with data for unit, installation, RRP

ARMY CENTER FOR SUBSTANCE ABUSE PROGRAMS.

Sample Report
Data are illustrative only.

Unit Risk Inventory Summary of Results

WABCDE, A Company 7/564th
Fort Swampy, FL

101 Persons Surveyed
Administered 12 Mar 2002

Part I: Alcohol Use Disorders Identification Test (AUDIT) Results

Category	Number of Respondents
Problem drinkers	~35
Non-problem drinkers	~45
Non-drinkers	~15
Non-response	~5

Problem Drinkers

Category	Percentage
WABCDE	34%
Fort Swampy	38%
Army Risk Reduction Program	31%

Part II: Unit's Risk Profile Related to Alcohol, Drugs, and Other Factors

Survey questions refer to respondents' behavior within the past 12 months.

> indicates the unit had a greater percentage of unfavorable responses compared to either its installation or the Army RRP.

Category	Unit	Inst.	RRP
Alcohol and Other Drug Use			
20% 21% 21%	Have ridden with a driver who was DUI.		
15% 16% 18%	Have driven under the influence of alcohol/drugs.		
> 17% 16% 16%	Say their leaders do not treat driving while intoxicated as a serious offense.		
1% 6% 5%	Have been detained or arrested in conjunction with alcohol/drug use.		
> 10% 13% 9%	Have committed an illegal act while drinking.		
0% 4% 4%	Have used illegal drugs.		
Unit Cohesion			
> 29% 27% 32%	Do not work well with others in their unit.		
12% 13% 12%	Find it hard to make friends in their unit.		
> 55% 56% 44%	Do not trust their chain of command enough to talk with them about a personal problem.		
7% 15% 17%	Have physically threatened someone at work.		
> 26% 24% 23%	Have been discriminated against by someone in their unit.		
> 8% 8% 6%	Have been sexually harassed in their unit.		
6% 6% 7%	Have been absent from work without permission.		
1% 1% 2%	Have gone AWOL.		
Self-Perception / Relationships			
22% 32% 49%	Often feel angry and frustrated.		
19% 21% 21%	Often feel lonely.		
> 36% 36% 32%	Hardly ever or never have people to turn to for support in bad moments or illness.		
> 30% 28% 28%	Have had an important relationship end.		
> 46% 44% 50%	Have experienced two or more life changes or difficult circumstances.		
> 63% 61% 60%	Are only somewhat satisfied or not satisfied with their life.		
Financial Problems			
26% 30% 34%	Have been in financial trouble.		
> 20% 17% 17%	Have had to use relief or loans to pay for basic living expenses.		

Percent potential problem drinkers in unit, installation, RRP

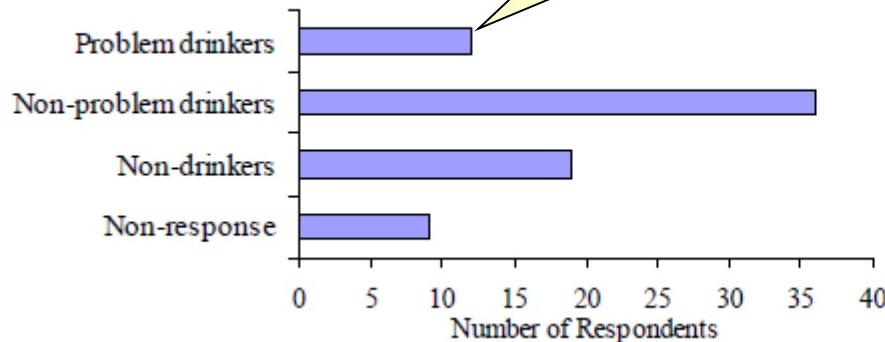
Enlargement

Unit	Inst.	RRP	
Suicide			
> 11%	12%	10%	Have had suicidal thoughts.
> 21%	21%	15%	Of those having suicidal thoughts, made a plan.
2%	3%	6%	Have attempted suicide.
Other Crimes			
1%	3%	4%	Have stolen or damaged property.
2%	4%	6%	Have vandalized property.
0%	4%	4%	Have committed a violent crime.
Sexual Practices			
> 64%	60%	39%	Do not practice safe sex.
3%	3%	4%	Have been diagnosed with an STI.
> 24%	22%	36%	Have had more than one sexual partner.
Physical / Sexual Abuse			
> 25%	24%	25%	Think they received physical abuse from their parents.
5%	6%	10%	Think their parents threatened them.
6%	7%	6%	Have threatened, hit with their hand, or kicked a child.
6%	8%	8%	Have pushed, shoved, bit with their hand, or kicked a spouse or a girl.
5%	5%	11%	Have insulted or sworn at a child.
> 31%	27%	30%	Have spanked a child and left a mark.
5%	6%	6%	Have pushed, shoved, hit with their hand, or kicked a child.
> 12%	13%	8%	Have hit a child with a belt or other object.
Army Environment			
54%	55%	55%	Have spent 31 or more days away from home due to military requirements.
57%	58%	57%	Do not have enough time to relax due to job demands.
> 38%	32%	40%	Are only somewhat satisfied or not satisfied with Army life.
> 23%	23%	20%	Do not plan to reenlist/stay in the Army.

URI SUMMARY OF RESULTS REPORT

The URI uses the World Health Organization Audit score to identify potential problem drinkers

Part I - Alcohol Use Disorders Identification Test (AUDIT) Results



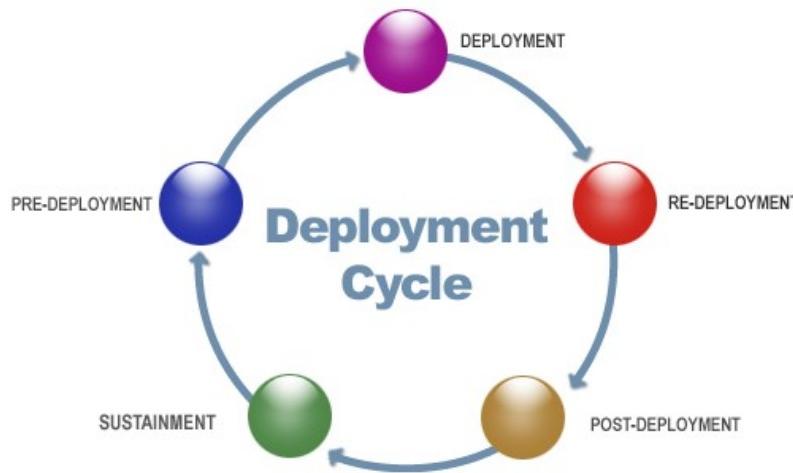
Problem Drinkers	
18%	Selected
34%	Font
30%	Swampy

[Questions 1-10]

The URI score questions from zero to four on four questions. Total scores range from 0-40 and the following are how scores are categorized.

- A null score is counted as Non-response.
- A score of zero is counted as Non-drinker.
- A score of 1-7 is counted as Non- problem drinker.
- A score of 8 or above is counted as a potential problem drinker.

REINTEGRATION UNIT RISK INVENTORY (R-URI)



Effects of Deployment on Soldier Risk Behavior

REINTEGRATION UNIT RISK INVENTORY



As part of the Deployment Cycle Support Directive ACSAP developed The Reintegration Unit Risk Inventory (R-URI). The R-URI is a 79-item anonymous questionnaire designed to screen for high-risk behaviors and attitudes affecting unit readiness and personnel well being that may have occurred during deployment or since redeployment.

SAMPLE R-URI QUESTIONS

Question 1
How often do you have a drink containing alcohol?

PART ONE: The following questions ask you about your use of alcoholic beverages *within the past 12 months*. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.

1. How often do you have a drink containing alcohol?
If you marked "Never", continue with Question #11. Otherwise, answer the following questions.

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

3. How often do you have six or more drinks on one occasion?

4. How often during the last year have you found that you were not able to stop drinking once you had started?

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

9. Have you or someone else been injured as a result of your drinking?

10. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

PART TWO: Please answer the following questions as they relate to the past 12 months.

11. Within the past 12 months, have you ridden in a vehicle with a driver who was under the influence of alcohol?

12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?

13. Do your unit leaders treat driving while intoxicated as a serious offense?

14. Within the past 12 months, have you been detained or arrested by police or MPs in conjunction with your use of alcohol or other drugs?

15. Within the past 12 months, have you committed an illegal act while drinking?

16. Within the past 12 months, have you used illegal drugs?

17. Do you work well with others in your unit?

18. Do you find it hard to make friends in your unit?

19. Do you trust your chain of command enough to talk with them about a personal problem?

20. Within the past 12 months, have you physically threatened anyone at your work site?

21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation?

22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)?

23. Within the past 12 months, have you been absent from work without permission?

24. Within the past 12 months, have you gone AWOL?

25. Do you often feel angry and frustrated?

26. Do you often feel lonely?

27. How often are there people available that you can turn to for support in bad moments or illness?

28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended?

29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)?

30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)?

31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)?

32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)?

33. Within the past 12 months, have you had any suicidal thoughts?

34. If yes, did you make a plan?

Never Monthly or less 2 to 4 times a month 2 to 3 times a week 4 or more times a week

Yes No

Always Sometimes Hardly ever Never

Mostly so Somewhat so Not really so Not at all

No

Yes No

Yes No

Yes No

PLEASE CONTINUE ON THE NEXT PAGE

PAGE 3 OF 4

Question 20
Within the past 12 months, have you physically threatened anyone at your work site?

Question 31
Within the past 12 months, have you been in financial trouble?

Question 33
Within the past 12 months, have you had any suicidal thoughts?

Question 12
Within the past 12 months, have you driven under the influence of alcohol or other drugs?

R-URI REPORT

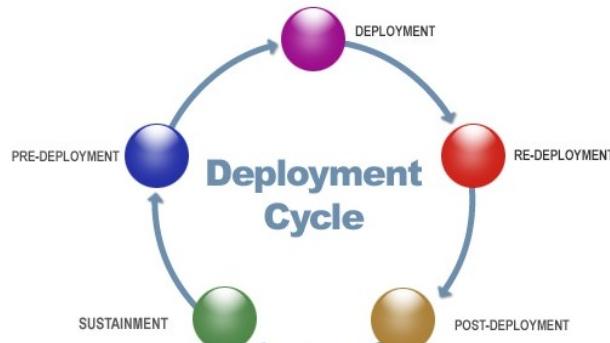
The report displays data captured from two stages of deployment.

• During deployment

Asks soldiers information relating to behavior in theater.

• Post-deployment

Asks soldiers information relating to behavior at home station during reintegration.



Page 1 of 2

Reintegration Unit Risk Inventory Summary of Results

ARMY ROLL-UP, DATE 7-12-05
ARMY,

12221 Persons Surveyed
Administered 01 Jan 05
Printed 12 Jul 05

A. 1. While deployed, served with current unit:
87% Yes
13% No

2. Most recent deployment:
9% Enduring Freedom
0% Noble Eagle
88% Iraqi Freedom
3% Other

3. Length of deployment:
13% 6 months or less
71% 7 - 12 months
16% 13 - 24 months
0% More than 2 years

4. Time since returning to home station:
34% 3 months or less
41% 4 - 6 months
22% 7 - 12 months
3% More than 1 year

5. This question only applies to Army Reserve and Army National Guard soldiers.

B. 6 - 9. Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)

Problem drinkers
Non-problem drinkers
Non-drinkers
Non-response

Number of Respondents

Problem Drinkers:
36% ARMY ROLL-UP

C./D. Overview:
Presents the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.
See next page for results by question.
** indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

	While Deployed Unit	Since Returning Unit	Survey Category
9%	9%	Alcohol and Other Drug Abuse	
15%	15%	Unit Cohesion	
37%	29%	Self-Perception / Relationships	
9%	11%	Financial Problems	
7%	6%	Suicide	
3%	5%	Other Crimes	
--	7%	Verbal / Physical Abuse	
--	51%	Army Environment	
37%	36%	Combat / Deployment	

E. Follow-up:

78. Have sought help for these issues since returning. 79. Requested information or briefing on these topics.

78. Have sought help for these issues since returning.	79. Requested information or briefing on these topics.
5% Post-traumatic stress disorder	13% Post-traumatic stress disorder
9% Marriage/relationship issues	15% Marriage/relationship issues
4% Alcohol/drug problems	10% Alcohol/drug problems
5% Financial management	16% Financial management
6% Anger management	16% Anger management
5% Mental health issues	10% Mental health issues
6% Depression	14% Depression
1% Parenting	9% Parenting
1% Suicide	7% Suicide

R-URI SUMMARY OF RESULTS REPORT

Deployment information

Modified Audit results for unit

Reintegration Unit Risk Inventory Summary of Results																																									
ARMY ROLL-UP, DATE 7-12-05 ARMY,		12221 Persons Surveyed Administered 01 Jan 05 Printed 12 Jul 05																																							
<p>A. 1. While deployed, served with current unit:</p> <ul style="list-style-type: none"> 87% Yes 13% No <p>2. Most recent deployment:</p> <ul style="list-style-type: none"> 9% Enduring Freedom 0% Noble Eagle 88% Iraqi Freedom 3% Other <p>3. Length of deployment:</p> <ul style="list-style-type: none"> 13% 6 months or less 71% 7 - 12 months 16% 13 - 24 months 0% More than 2 years <p>4. Time since returning to home station:</p> <ul style="list-style-type: none"> 34% 3 months or less 41% 4 - 6 months 22% 7 - 12 months 3% More than 1 year <p>5. This question only applies to Army Reserve and Army National Guard soldiers.</p>																																									
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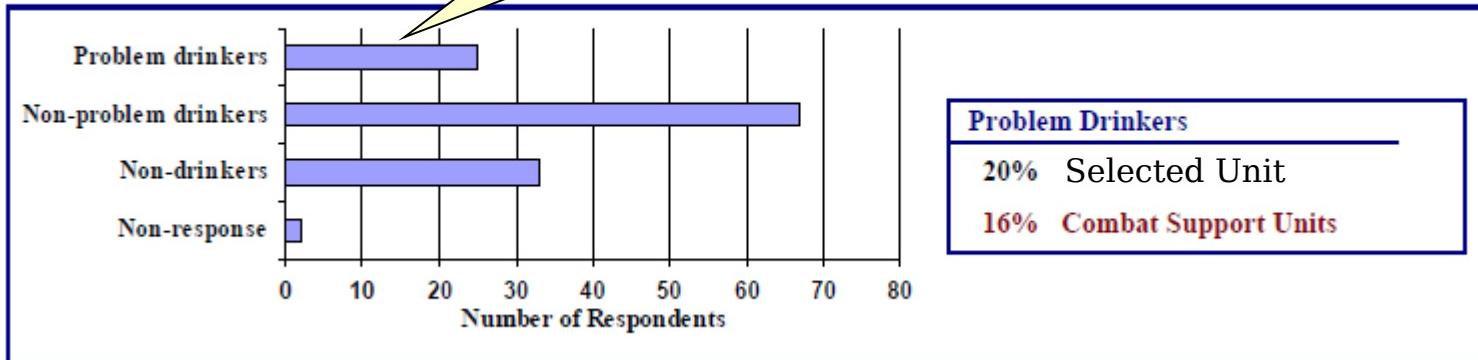
Page 2 breaks out summarized information

R-URI SUMMARY OF RESULTS REPORT

The R-URI & R-URI v3 uses a modified Audit score to identify potential problem drinkers

B. Audit Results

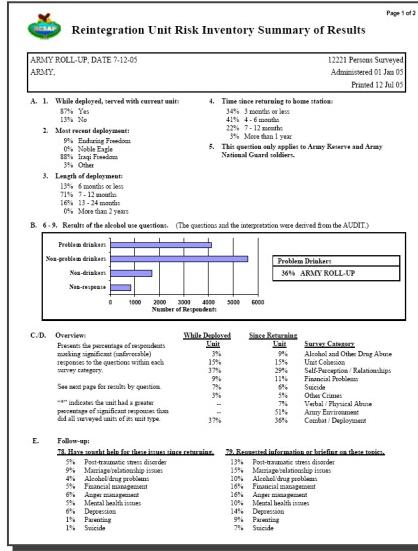
6 - 9. Results of the alcohol use questionnaire (The questions and the interpretation were derived from the AUDIT.)



The R-URI and R-URI v3 score questions from zero to four on four questions. Total scores range from 0-16 and the following are how scores are categorized.

- A null score is counted as Non-response.
- A score of zero is counted as Non-drinker.
- A score of 1-6 is counted as Non- problem drinker.
- A score of 7 or above is counted as a potential problem drinker.

URI & R-URI DATA COMPARISONS



Used illegal drugs
Attempted suicide
Drove under the influence of Alcohol / Drugs	
Had a relationship deteriorate	
.....	
Often felt angry and frustrated	15

A horizontal bar chart comparing the usage of different URI versions across three categories. The x-axis categories are 2%, 48%, and 28%. The y-axis represents the percentage of usage.

Category	R-URI 1.0	R-URI While Deployed	R-URI Since Returning URI 2.0
2%	~10%	~80%	~10%
48%	~10%	~80%	~10%
28%	~10%	~80%	~10%

2%	<u>4%</u>	3%	3%
1%	1%	1%	1%
3%	<u>15%</u>	14%	13%
35%	<u>26%</u>	22%	21%
57%	<u>46%</u>	45%	49%



ALCOHOL ABUSE / PROBLEM DRINKING

Problem Drinkers:	R-URI (ongoing)	URI 2.0 (2002-2005)	URI 1.0 (Pre 9/11)
	<u>33%</u>	30%	28%

Drinking Scenarios:

Problem Drinker:

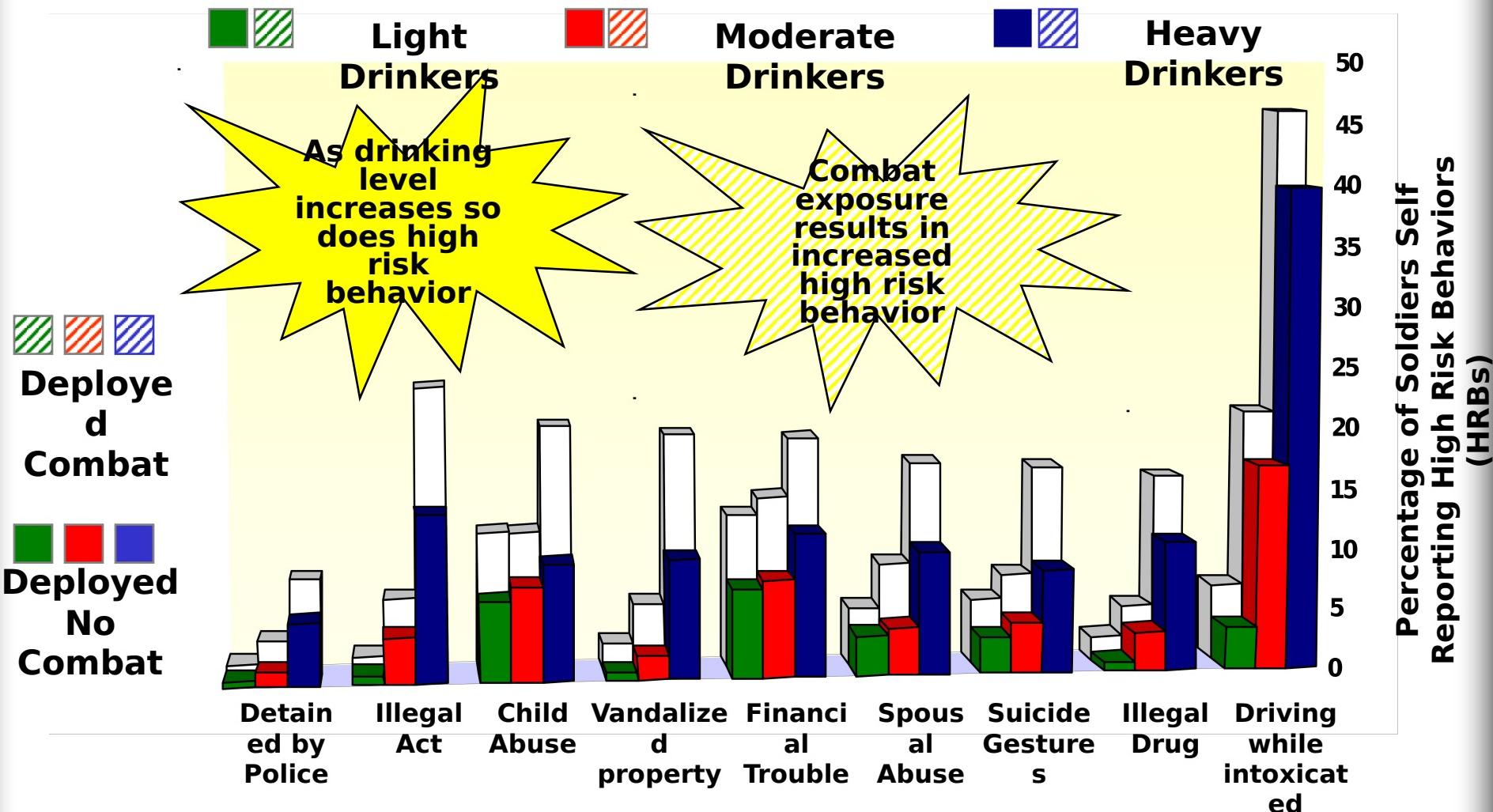
- Consume 6 drinks or more in one sitting on a weekly basis.
- Consume 5 - 6 drinks, 4+ times a week.

Non-Problem Drinker:

- Consume 6 drinks or more in one sitting on a monthly basis.
- Consume 1 - 4 drinks, 4+ times a week.

* Using scoring criteria from: © World Health Organization, 1992. Babor, T.F., de la Fuente, J., Grant, M., Saunders, J., Programme on Substance Abuse, AUDIT, The Alcohol Use Disorders Identification Test: Guidelines for use in Primary Health Care.

RISK BEHAVIORS INFLUENCED BY DRINKING CATEGORIES AND COMBAT EXPERIENCE



Questions

Don't Risk Readiness !

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